

## **#10 JUNIOR REFEREES TRAINING SHEET**

### **8 Seconds**

#### **RULE:**

Whenever:

- A player in the backcourt gains control of a live ball, or
- On a throw-in, the ball touches or is legally touched by any player in the backcourt and the team of that player taking the throw-in remains in control of the ball in its backcourt.

***That team must cause the ball to go into its frontcourt within 8 seconds.***

The team has caused the ball to go into its frontcourt whenever:

- The ball, not in control of any player, touches the frontcourt.
- The ball touches or is legally touched by an offensive player who has both feet completely in contact with their frontcourt.
- The ball touches or is legally touched by a defensive player who has part of their body in contact with their backcourt.
- The ball touches a referee who has part of his body in contact with the frontcourt of the team in control of the ball.
- During a dribble from the backcourt to the frontcourt, the ball and both feet of the dribbler are completely in contact with the frontcourt.

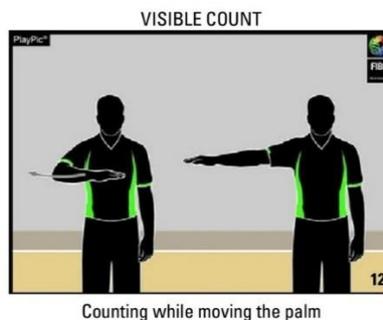
**The 8 second period will continue with any time remaining when the same team that previously had control of the ball is awarded a throw-in in the backcourt, as a result of:**

- A ball having gone out-of-bounds.
- A player of the same team having been injured.
- A technical foul committed by that team.
- A Jump ball situation.
- A double foul.
- A cancellation of equal penalties against both teams.

Referees need to ensure they use a visible count. Also, Referees need to ensure when the count is the last 4 seconds that they use their voice “FIVE, SIX, SEVEN, EIGHT” as well as a visible count.

Referees need to be aware that if the ball goes out of bounds and the same team remains in control the 8 second count continues with the time remaining. (i.e. Ball goes out with 6 seconds used of the count, the team has 2 seconds to get the ball into the front court), referees should make the inbound team aware of how many seconds they have to get the ball into the front court.

The count should be 1 one thousand, 2 one thousand etc



### Signals:

Below are the FIBA signals for calling an 8 Second violation.

#### STOP THE CLOCK



#### 8 SECONDS



#### NEW DIRECTION OF PLAY



When signalling the 8 Seconds call, always remember to use verbal support e.g. “8 Second Violation, Red ball”.